

## Challenge Essay

Life isn't easy and people don't just fly right through it, there are many difficult decisions and challenges people have to go through. One challenge that I had to overcome was when I played basketball, and softball and had to miss practices for one sport so I could make the other and still maintain an A average in school.

My life was very chaotic this summer and during this school year and I didn't think I would be able to work it out. During softball I had practices and games, and then they decided to have a basketball summer league every Sunday and Wednesday with occasional open gyms. It was really difficult for me because I love both games. When I am on the field or on the court I am happy and having the time of my life. Sports is my life and I didn't know what I was going to do.

I somehow made it work during the summer, with very long nights and me being tired all the time. I treated softball like my main sport because I was in that season but still made time for some basketball. I wanted to do the best of my ability for both sports, so either way I was letting myself down by missing one or the other. It got me all worked up all the time and I felt like my team was disappointed in me if I missed one sport or the other. After I made it through the summer I was relieved and thought my life was going to be a lot easier, but it just went down hill from there.

It was now September 2, 2014 and school finally started. I was really excited, and very pumped for season to get here. Practices started and I was having a great time. Except they started having softball open gyms for pitchers and catchers too. I am the team's catcher and I know I needed to go. Now I was stuck with basketball practice everyday, with softball right before it and I had school. I still maintained all A's but it was difficult. I had like no time to study. After all my practices I came home showered, ate, and went to bed. That was my daily routine. I do have to say it was rough, but I couldn't let down my softball team. I was constantly tired and I didn't know what to do. I finally decided to tell my softball coach that it is basketball season and I need to focus on that and school right now. Having no softball helped a lot and I could concentrate on school a lot more.

Playing two sports everyday and keep up with school is a lot of work. I had to step up and talk to my coach and tell her I needed to settle down on softball for a bit while I am playing basketball everyday. It helped me overcome the challenge of being tired all the time and still doing my best at school. If you are going through a hard time you need to speak up and let people know they will help you and will understand. Who cares what others will think, it is your life make the best of it.